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**SAFEGUARDING TOGETHER**

# **THE RIGHT TO LIVE IN SAFETY, FREE FROM ABUSE AND NEGLECT**

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**WORRIED ABOUT YOURSELF OR  
SOMEONE YOU KNOW? YOU CAN  
GET FURTHER SUPPORT AND  
ADVICE, CALL TODAY.**

**SOUTHEND: 01702 215008  
ESSEX: 0345 603 7630  
THURROCK: 01375 652868**

**[www.essexsab.org.uk](http://www.essexsab.org.uk)**

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**WORKING TOGETHER TO KEEP ADULTS  
SAFE ACROSS THE COUNTY**

