



**THE RIGHT  
TO LIVE IN  
SAFETY,  
FREE FROM  
ABUSE AND  
NEGLECT**

**WORKING TOGETHER TO  
SAFEGUARD ADULTS ACROSS THE  
COUNTY**

Worried about  
yourself or someone  
you know?  
For further support  
and advice, Call today

**SOUTHEND: 01702 215008  
ESSEX: 0345 6037630  
THURROCK: 01375 652868  
[www.essexsab.org.uk](http://www.essexsab.org.uk)**

