

---

**SAFEGUARDING TOGETHER**

**THE RIGHT  
TO LIVE IN  
SAFETY,  
FREE  
FROM  
ABUSE  
AND  
NEGLECT**

---

**WORRIED ABOUT YOURSELF OR  
SOMEONE YOU KNOW? YOU CAN  
GET FURTHER SUPPORT AND  
ADVICE, CALL TODAY.**

**SOUTHEND: 01702 215008  
ESSEX: 0345 603 7630  
THURROCK: 01375 652868**

**[www.essexsab.org.uk](http://www.essexsab.org.uk)**

---

**WORKING TOGETHER TO KEEP ADULTS  
SAFE ACROSS THE COUNTY**

